Informed Consent Form for Social Science Research
The Pennsylvania State University

Title of Project: Intraindividual Study of Affect, Health, and Interpersonal Behavior

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Amanda L. Hyde, Graduate Student (Kinesiology)
Mike Roche, Graduate Student (Psychology)
Undergraduate Research Team

1. **Purpose of the Study:** The purpose of this research is to investigate links between one's perception of their achievement motives and variation in interpersonal behavior and feelings over time.

2. **Procedures to be followed:** This study involves you answering questions about your beliefs, feelings, and other personality characteristics after social interactions and at the end of each day for 21 days. After each social interaction lasting more than 5 minutes, you will be asked to complete a short survey that focuses on the situation you were in, how you felt during that interaction, how your partner treated you, and how you treated your partner. At the end of each day, you will be asked to complete a second short survey about the type of day you had and your feelings throughout the day. Your responses to questions will be transmitted to a secure database using a smart phone. Responses you give over the course of the study will be combined to create a representation of your interpersonal change over time.

3. **Discomforts and Risks:** You may feel self conscious while completing questionnaires about yourself or your interaction partners.

4. **Benefits:** You might learn more about yourself by participating in this study. This research might provide better understanding of how motivation and feelings influence interpersonal behavior. You will also have free texting and web browsing available to you when using the study smart phones. Payment for participation in this study is detailed in a separate section of this document.

5. **Duration/Time:** It will take approximately 20 minutes over the course of each day of the study to complete the questionnaires about your interactions and feelings (21 days are scheduled for each data collection period). Three data collection periods are planned over an 18 month long study.

6. **Statement of Confidentiality:** Your participation in this research is confidential. Your responses are linked by a common ID number so they can be paired in our analyses, but they do not ask for any information that would identify who the responses belong to. A key linking names to ID numbers will be maintained until data collection is complete, at which point it will be destroyed. The data will be encrypted and stored securely at the Survey Research Center, University Research Park Campus in a password protected file. Publication or presentations resulting from this research will not contain any personally identifiable information nor will it be shared. Your confidentiality will be maintained to the degree permitted by the technology used. Specifically, full guarantees cannot be made regarding the interception of data sent via the internet by any third parties. Penn State's Office for Research Protections, the Institutional Review Board, and the Office for Human Research Protections in the Department of Health and Human Services may review records related to this project.

7. **Right to Ask Questions:** Please contact Dr. Amy Lorek Dattilo at (814) 863-7903 or Dr. Nilam Ram at (814) 865-7038 with questions, complaints or concerns about this research. You can also call this

number if you feel this study has harmed you. If you have any questions, concerns, problems about your rights as a research participant or would like to offer input, please contact Penn State University's Office for Research Protections (ORP) at (814) 865-1775. The ORP cannot answer questions about research procedures. Questions about research procedures can be answered by the research team.

8. **Payment for participation:** The primary study consists of three periods ("bursts") of data collection spread over 18 months. Each burst employs the same procedures. Monetary compensation is scaled incrementally with the frequency and level of continued participation. Specifically, you will receive $50 for initial enrollment in the study and completion of initial training, baseline assessments, and return of equipment to the lab, prorated amount ($2.35) for each day of study participation. An additional bonus of $75 will be given to all participants who participated for at least 18 of 21 days. In total, a participant may receive $125 during Burst 1 (the first 21 day period). Compensation increases incrementally with continued participation in future bursts. Participants who continue to participate in Burst 2 will have the possibility to receive an additional $150 ($2.35 for each day of study participation plus full completion bonus of $100) and in Burst 3 an additional $175 ($2.35 for each day of study participation plus full completion bonus of $125). Further, an additional bonus of $50 will be given to study participants who complete all three data bursts at or above the minimum standards. By the end of the study participants will have the opportunity to receive up to $500 for full participation in all three data collection bursts. Total payments within one calendar year that exceed $600 will require the University to report these payments to the IRS annually. This may require you to claim the compensation that you receive for participation in this study as taxable income.

9. **Voluntary Participation:** Your decision to participate in this study is voluntary. You can withdraw at any time. You do not have to answer any questions you do not want to answer. Refusal to take part in or withdrawing from this study will involve no penalty or loss of benefits you would receive otherwise. Your compensation will follow standards described above.

You must be between 18-90 years of age to take part in this research study. If you agree to take part in this research study and the information outlined above, please sign your name and indicate the date below. You will be given a copy of this form for your records.

_____ _____
Participant Signature Date

_____ _____
Person Obtaining Consent Date

☐ Yes ☐ No I would like to be contacted for participation in future studies.

Burst 2:
I have reviewed the study description again and reconfirm my consent to take part in this research study.

_____ (Initials) _____ (Date) _____ iSAHIB Staff

Burst 3:
I have reviewed the study description again and reconfirm my consent to take part in this research study.

_____ (Initials) _____ (Date) _____ iSAHIB Staff